LIFEGUARDING

These are American Red Cross certification courses. Students must be at least 15 years old by the last day of class to register. After successful completion you will be able to begin working as a certified American Red Cross Lifeguard!
Certifications remain active: Lifeguarding – 2 years AED, First-Aid & CPR – 2 years.

A prerequisite test will be administered on the first day of the class. It consists of the following:
- swim 300 continuous yards using a combination of freestyle and breaststroke
- retrieve a 10 lb. brick from 10 feet of water and swim twenty yards while both hands are on the brick, within 1min 40 sec
- tread water for 2 minutes using your legs only. Your hands will be placed underneath your armpits.

Prerequisites must be met before a student may continue with the course.

Our courses are designed with very tight time constraints. Therefore, students must plan on attending all classes and be on time each day – no exceptions. Participants will need to bring a swim suit, towel, textbook (given on first day), writing utensils, lunch, and snack to each class, valve masks and textbooks are included in the course fee. Space is limited in all of these courses. Classes fill quickly. Once a class is full a wait-list is started. All efforts are made to accommodate as many participants as possible.
You cannot make-up time in another class.

Refund Policies: No refunds will be given after the first day of class or to participants who fail the class. If a participant is unable to successfully complete the prerequisite test or cancels enrollment within five days of the course start date a $100 processing fee is assessed. For more information call Tim Skowronski at (248) 645-3734 or email tskowronski@cranbrook.edu.

Lifeguard Course
The class will be run over four dates
8:30 am-4 pm
Sat 4/23, Sun 4/24, Sat 4/30, Sun 5/1
Member rate $185 Non-member rate $205

*Members are Cranbrook Employees and their immediate family, Cranbrook Students, and those who have purchased memberships.

Name ____________________________________________________________ Birth Date ____________________

Are you a Natatorium member? □ Yes □ No

Address __________________________________________________________ Zip __________

City ___________________________________________ State __________

Email ___________________________________________ Phone Number _______________________

Emergency Contact ___________________________________________ Phone Number _______________________

Payment Type: □ Cranbrook Student Acct Total:________

Account # ____________________________

Mail to:
Cranbrook Schools
Natatorium
PO Box 801
Bloomfield Hills, MI
48303

Fax to:
248-645-3735

Make checks payable to: Cranbrook Schools

PARKING:
Please use parking lot located at 550 Lone Pine Road

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SCHOOLS